



# Seeking 18+ Referrals

New Group @ Crisalida North Fitzroy

Many young people would like to meet and hang out with others their own age but lack the confidence to keep conversations going when they feel awkward.

This is a confidence boosting group for the 18+ age group. Young people can feel safe to open up and practice hanging in there. You will be assisted to work towards fully expressing yourself according to your goals.

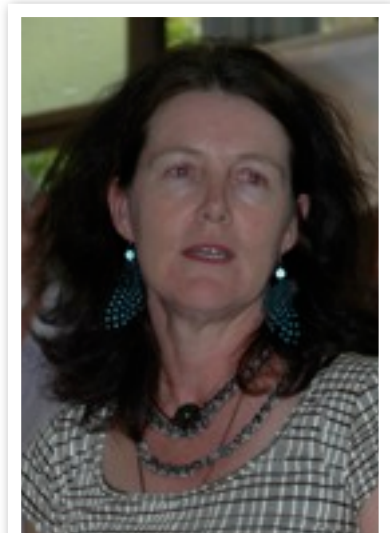
The groups are natural and you can take the lead about what the conversation topics are with each other. Involvement is confidential.

We are currently seeking contact from interested young people.

## Costs

Pre Program meetings are \$85  
Groups costs \$65 - \$85 (depending on group numbers and 2nd leader.)

Jane Maher has provided groups for young adults since she established the CHAT program at the Centre for Adolescent Health in 1997. Over and over again she has seen the benefits of young people meeting with each other in a safe group and discovering that they are “normal” and not “wierd”. They give and gain alot with each other and their experience of being worthwhile grows.



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