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4B - SENSORY PROCESSING SCREENING

This checklist was designed to be a quick screening tool for sensory processing deficits. Please indicate if your child always responds or greater than 50% of the time responds. If several items are checked throughout many categories or most items are checked in one category, sensory processing deficits may be present.

| Child: | Today's Date: |
|---|--|
| Form Completed By: | Relationship to Child: |
| TACTILE PROCESSING (Sense of To | ouch) |
| bothered by clothing tags/textures | prefers to touch vs be touched |
| refuses to wear shoes/socks | □ withdraws from splashing water |
| avoids messy play (glue,paint) | revs up after bath |
| refuses to play in sand at the beach | rubs/scratches where touched |
| hates haircuts, nail trim, tooth brush | mouths clothing/objects |
| reacts neg. to touch/pulls away | overly fidgets/tugs at clothing |
| unaware of pain or temp. | ☐ does not like hands dirty |
| AUDITORY PROCESSING (Sense of | f Hearing) |
| upset with vacuum, hairdryer, toilet | notices noises usually tuned out |
| ☐ difficulty following directions | ☐ difficulty eating in noisy places |
| appears to ignore name called | slow to respond to verbal cues |
| unaware speaks too loudly | escapes from noisy places |
| distracted by background noises | |
| VISUAL PROCESSING (Vision) | |
| ☐ likes to stare at shiny/spinning things | ☐ prefers fast paced tv shows |
| prefers dark/ avoids bright sunlight | misinterprets facial expressions |
| ☐ turns whole body to look at you | ☐ illegible writing |
| squints/covers eyes in sunlight | ☐ difficulty copying from the board |
| covers/closes one eye when writing | |
| ADL/PLAY SKILLS | |
| difficulty completing grooming or dressing in | ☐ difficulty following or copying gestures |
| reasonable time/skill | ☐ does not prefer or play with age appropriate |
| ☐ difficulty using eating utensils | toys |
| unable to manage clothing fasteners | |
| PROPRIOCEPTION (Position Sense) | |
| overly rough in play | ☐ slouches at desk or table |
| seems to enjoy crashing | ☐ fatigues quickly |
| ☐ jumps from unsafe hts./jumps a lot | prefers sedentary play |
| □ holds pencil too hard | bumps into others/pushes others |
| appears clumsy/ poor coordination | uses too much force to throw or kick |
| | |

| VESTIBULAR (Movement Sense) | |
|---|---|
| on the go/trouble sitting still at table twirls self during the day; fidgets does not appear to get dizzy afraid of heights seeks out swinging or climbing more than typical poor safety awareness/ use of caution avoids movement on playground ORAL PROCESSING (Taste) | ☐ fearful with head tipped back during bath of diaper change ☐ afraid of elevators or escalators ☐ leans on others for support when sitting of standing ☐ moves slowly on uneven surfaces ☐ loses balance easily ☐ becomes overly excited w/movement |
| picky eater (refuses food due to temp or texture) gags at/on foods or utensils hates tooth brushing | bites/chews on nonfood items avoids foods that require lots of chew craves certain foods/textures |
| OLFACTORY (Sense of Smell) ☐ bothered by smells other do not notice ☐ refuses food based on smell | smells everything |
| BEHAVIOUR ☐ poor frustration tolerance ☐ impulsive; poor self control ☐ overly emotional or sensitive ☐ frequent tantrums/meltdowns | □ unable to calm self after tantrum □ difficulty sleeping through the night □ difficulty getting started with tasks |
| SOCIAL SKILLS unable to interpret social cues does not understand age appropriate jokes unable to sympathize with others easily upset by criticism Any further comments: | □ tries to control others/bossy □ does not share easily/take turns □ does not respect personal space of others □ difficulty making or maintaining friendship |
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