

EXECUTIVE FUNCTION

'The Foundation for Learning'



DOES YOUR CHILD FEEL OVERWHELMED
WHEN PLANNING, ORGANISING &
COMPLETING TASKS?

'EXECUTIVE FUNCTION' is the 'conductor' or 'controller' of essential processes for life and learning, often referred to as organisational skills, self-efficacy, life or study skills. Today's young people need to be explicitly taught how to integrate Executive Function skills into their thinking and learning.

'CRISALIDA' is partnering with **JAMES GOLDS (Executive Function Coach)** to provide individual and group programs in Executive Function.

Beginning Term 1, Monday, February 6th, 2023, at our Preston office, these programs are tailored for Middle Years students - Years 5-8.

For more information, please contact:

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Executive Function Skills

Time management

Key Strategies for Life and Learning

Self-Efficacy

Resilience and Wellbeing

Transition to Year 7

'CRISALIDA'

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Preston West
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www.crisalida.com.au

**Beginning Term 1
Monday, February 6, 2022**



CRISALIDA

CHILD, ADOLESCENT, ADULT & FAMILY THERAPY