



CRISALIDA

CHILD, ADOLESCENT, ADULT & FAMILY THERAPY

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READY, STEADY, PREP!

A 10-week school readiness program in Term 4 2017 that helps to prepare your child for school education routines - everything from sitting on the mat with other children, to show-and-tell activities, and focusing on:

- **Fine motor skills** (pencil grip, drawing, cutting and craft), table-top activities
- **Sensory regulation** (listening, attention and concentration)
- **Language development**
- **Organisational skills** (looking after self and belongings)
- **Self-care skills** (managing snacks, clothing and footwear)
- **Emotional regulation** (self confidence and peer relations)
- **Social skills**
- **Core strength**



At the end of the course, parents/carers will receive an individualised report with a description of their child's strengths/areas of challenge, and practical strategies for home, Kinder and Prep.

WHEN: Wednesdays: 9:30am - 11:00am - 11th October to the 13th December, 2017

WHERE: Crisalida - 678 High Street, Thornbury 3071

COST: \$130 per session; *FaHCSIA*: \$180 per session; *NDIS*: \$146.33 per session

Medicare Rebates - Mental Health Care Plan can be used.

NB course must be taken as a 'package' of all 10 sessions.

THERAPISTS: Simone O'Driscoll, Occupational Therapist & Meike Mackenzie, Early Childhood Educator & Play Therapist

For more information, or to register, please contact Crisalida:

Email: admin@crisalida.com.au **Telephone:** (03) 9484 6299